



Are You A Geek? Take the quiz...

According to Modis' Geek Pride survey: 87% of the general population say they do not "sneak their geek" (e.g. hide personal or embarrassing passions or interests.) Many Celebrities are Geeks, including Bill Gates, Mark Zuckerberg, Tom Hanks (Space Geek,) Rosario Dawson (Trekkie,) Oscar Winner Leonardo DiCaprio (Star Wars geek.)

Stephan Spencer, host of the Optimized Geek Podcast and author of *Geek Revolution*, says "Embrace your inner geek! It's getting cooler to be a geek every day!"

ARE YOU A GEEK?

- 1)do you take pride in geek toys? (stuffed animals & action figures)
- 2)do you have 50 or more apps on your phone?
- 3)do you own a drone?
- 4)is your book, comic book, music, video game collection a source of pride?
- 5)do you wear superhero/cartoon character clothing, including pajamas?
- 6)have you ever been to Comicon, Vidcon, Wondercon?
- 7)do you wear a smart watch, smart glasses, fitness tracker?
- 8)have you ever studied an artificial language such as Klingon?
- 9)Have you seen more than 2 Star Wars, Star Trek, Harry Potter movies?
- 10)Have you ever named a pet, child, computer after a superhero?

Answer **YES** to 1 question, you're possibly a Geek
 Answer **YES** to 2 questions, you're probably a Geek
 Answer **YES** to 3+ questions, you're definitely a Geek

Stephan's formula to Optimize your Inner GEEK

- G**ratitude - Harville Hendrix
- E**stablish Habits - Mike Vardy
- E**xamine Everything - Byron Katie
- K**nowledge is Power - Keep Learning



Instant Geek Transformation: Stephan will TRANSFORM YOUR HOST into the Ultimate Geek with Zeo Sleep Tracker, MUSE meditation helper, Spire mindfulness tracker, GOBE health tracker, Iron Man Costume



STEPHAN SPENCER is host of the top-rated iTunes New & Noteworthy podcast The Optimized Geek, and author of *Geek Revolution*.

CONTACT

Stephan Spencer
 608-209-2595
 Stephan@StephanSpencer.com
 www.StephanSpencer.com

